## M. R. Hyker's Latest Adventure



03-15-08 - <u>Neighbor Mountain/Jeremys Run Loop</u>: Twelve of us showed up for this one but early into the hike four decided to do something a little more geared to their experience level (wise decision!). Those who did the complete circuit included Mr. Hikingupward.com, The Mad Hatter, Clark Kent, .Com, Jody, Ted E. Bear and Roger Ramjet. The weather was near perfect with temps in the upper 50s and without a cloud in the sky. We started hiking around 10:45. We really assaulted the initial climb along the AT up to the ridge and set a brisk pace along it and during the descent on Neighbor Mountain. The views were a bit hazy but still rewarding. We could clearly see The Three Sisters and Stony Man along the Blue Ridge as well as New Market Gap, Strickler and Duncan Knob and Kennedy Peak on Massanutten Mt across the valley from us.

Jeremy's Run was a little high but most of us were able to rock hop across all of the crossing although some elected to shush or balance beam across a log at the first one. All of the mini falls and rapids were a joy to behold. As is usually the case on this hike I started to feel the effects of the overall trek during the last couple of miles. Still we were all out of the woods by 5:30 and heading down Skyline Drive on our way home by 6:00.